



### Sereff Camp Update

The Sereff World Camp was great - and I learnt a lot from the experience. Highlights of the trip was staying with Master Dale Burkhart, the 3 hour sparring class, weapon self defence with Mr Hannon, and meeting old friends. Trips coming up in the future: Sydney tournament in March 2003, then World Champs in Poland - June 2003.



With Grand Master Sereff in his basement.

### Nationals

This year's National Tournament is being held at the Te Rapa Sports Drome, Hamilton. It is not too late to get involved - come along to team training this Thursday (18th) here at Papakura and see Coach Mr Luke Thompson. The Manager is Julie Thompson Ph 298 1185 (wk) or 025 840 885. With the Nationals being so close to home, it is a great opportunity for our region to do well - so please consider trying out for the team.



Training with Master Michael Daher from Sydney

### Hall unavailable

Papakura Normal are having a production this month, so there will be some disruption to our space. We will try and make do for the next two weeks, but training on Monday 29th is cancelled.

On Wednesday 31st July, a black belt re-test is to be held at Infinity Manurewa Branch, Greenmeadows Intermediate, Greenmeadows Ave, Manurewa at 6.30 pm. There will be no normal training that night, but students are encourage to assist and encourage those grading.

Those grading are:

- Jessica Te Hau (Patterns, written)
- Kristina Bikoulova (Patterns, flying high kick, power side kick)
- Cara Lucas (Patterns, flying high kick, power side kick)

