



## Paul M Taekwon-Do

PAPAKURA NEWS - OCTOBER 2005

PAPAKURA • WAIAU PA • BOTANY • GLENDOWIE

### Infinity Manurewa Merger

Infinity Manurewa have now merged with Paul M Taekwon-Do Papakura. Mr Steve Pellow's long established club has had on-going problems with their venue, and after visiting us at Papakura for a number of months, we decided to make it permanent. We welcome Mr Pellow's members to our branch and I hope you already feel part of the family.

We are very lucky that with this merger it means that Mr Pellow is now a regular instructor at Papakura. Mr Pellow began training in 1980. We became friends in 1985, and over the years we have been able to help each other with various aspects of our own training. Mr Pellow joined ITFNZ in the early 90's and went on to develop the current ITFNZ self defence syllabus. As well as a 5th dan in Taekwon-Do he is also a black belt in Aikido and a qualified Instructor in Balintawak (stick fighting) and Thaiboxing.

Now with Mr Impson and Mr Pellow is permanent instructors at Papakura, I will be able to give more support to all four Paul M Branches: Papakura, Waiau Pa, Botany and Glendowie. Until now I have been unable to visit the other Paul M branches anywhere near as much as I would like, so now that will be possible. I will be overseeing all four branches and hopefully establishing more in the near future. Mr Impson will take on the role of Head Instructor of Papakura with Mr Pellow giving small group tuition and specialist classes as he currently does. Between the three of us we have a unique teaching spectrum and feel the club will benefit greatly.



Mr Steve Pellow

### Tournaments

There are two main tournaments left in the year and a quick look at the points tally for the under 18 Series and you will see that the Paul M Branches are right up there. We also have the Epson NZ Open in a few week's time so please get those entries in. Good luck to everyone competing. Also please offer to lend a hand if you are free - you can register your interest on the website:

[www.itfnz.org.nz/events/tournaments/epsonopen/2005/](http://www.itfnz.org.nz/events/tournaments/epsonopen/2005/)

### Seminars

Melissa and Lizzie attended the Masters Downunder Seminar in Whangarei recently. (photo below). The 2nd ITFNZ Instructors Conference is being held next month, and Mr Mark Banevich is testing for his 5th dan. Mark is an ex Papakura member and currently the Instructor of Paul M Glendowie. Good luck Mr B!

#### Paul McPhail



#### Calendar of Events.

Please ask if you would like more information on any of these events.

- 22-23/10/05 EPSON NZ OPEN - Auckland
- 5-6/11/05 ITFNZ INSTRUCTORS CONFERENCE and SENIOR DAN GRADING.
- 13/11/05 EPSON Under 18 Series - Tournament 5 - CM
- 21-25/11/05 GRADINGS Auckland
- 25-27/11/05 3rd National Juniors Camp, Aongatete Lodge, Bay of Plenty
- 10-11/12/05 BLACK BELT GRADING - Auckland (Examiners: Mr Bhana and Mr Rimmer)

Next year's Calendar is on-line at:

[www.itfnz.org.nz/events/calendar/calendar\\_next.html](http://www.itfnz.org.nz/events/calendar/calendar_next.html)

[www.paulm.co.nz/tkd](http://www.paulm.co.nz/tkd)

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