



PaulM Taekwon-Do

PAPAKURA NEWS - SEPTEMBER 2009

New Beginners

We are accepting new beginners from Monday 21st September at the normal class time - 6 -7 pm. Do you have any friends or family members that may like to come along? Please ask them to come on Monday 21st and join in.

Kids Class

Congratulations to our new yellow belts and green stripes in the kids class. Our First Blue's are also doing really well and aiming for their FIRST RED at the end of the term or early next term. The next intake for the kids class will be February 2010.

Grading

We are holding a combined Counties Manukau grading on Sunday 6th December. Mr Pellow and I will be away in Argentina for the two weeks prior to the grading, so pre-grading will be held early - on Wednesday 18th November. If you plan to grade - get to work early!

Star Series Final

The final of the three Star Series Tournaments is being hosted in Counties this year - you can enter on line here: www.itfnz.org.nz/events/tournaments/star-series/2009-3. Go Mel!

Nationals

This year's National Tournament is being held in the South Island, and we have several club members in the Counties team. Good luck to them and Go Counties!

IIC

The ITF are running an International Instructors' Course in March 2010 in Auckland. What exactly is an International Instructors Course and who can go?

The ITF International Instructors Course is a two day seminar open to red belts and above. The name is a little deceiving, as it is not really a course just for instructors or about instructing. It is an amazing two days of everything to do with ITF Taekwon-Do, from patterns, fundamentals and sparring, to self defence and philosophy. Senior dans and split into separate groups for some of the seminar so they can learn their particular techniques.

The course is run by the ITF Technical Committee - three of the top Masters in the world today. They put across an informative, interesting and fun seminar that everyone enjoys. We only have an IIC held in New Zealand around every two years - so don't miss this opportunity.

You can register on-line now and start paying by installments if you wish:

www.itfnz.org.nz/events/courses/2010_iic

NZ Hall of Fame

Congratulations to Mr Pellow for being inducted in the New Zealand Martial Arts Hall of Fame. Details of the Awards Ceremony are:

The Avenue Kingsgate Hotel, Wanganui, Saturday 7th November 2009. Tickets \$120. Dress code: Formal

Limited tickets available - book now. Contact NZMA HOF President: 06 323 8974. daveandangie@inspire.co.nz.

World Champs

The World Champs are not far away - keep your eye on the website for updates and news. ITFNZ's official photographer Mr Doug Hanna has



INTERNATIONAL INSTRUCTORS' COURSE
AUCKLAND · NEW ZEALAND
6-7 March 2010

been uploading photos of the Auckland team trainings - some amazing shots! www.itfnz.org.nz/events/tournaments/worlds2009
Good luck to Mr Pellow and his team!

Paul McPhail

Calendar of Events

21 Sep - Beginners start

26-27 Sep - Nationals
Christchurch

11 Oct - Star Series Final -
Counties Manukau

7 Nov - Martial Arts Hall of Fame
Awards

23-30 Nov - ITF World Champs -
Argentina

27-29 Nov - National Junior Camp

6 Dec - Counties Combined
Grading

March 2010 - International
Instructors Course - Auckland

Full Calendar is on-line at:
www.itfnz.org.nz/events/calendar



Portia McPhail
Memorial Website:
www.portia.co.nz

www.paulm.co.nz/tkd

PO Box 75-549, Manurewa, Auckland, New Zealand.
Tel 64-9-268 8552 Mob 021 983 532 Fax 64-9-268 8553 Email pmcphail@itfnz.org.nz