

## It's Grading time!

### Grading

Pre-grading is to be held on Monday 15th August at normal class times. Be ready for a written exam. Those successful will get the opportunity to grade on Saturday 20th August:

Venue: Waiau Pa School, 571 Waiau Pa Road, Waiau Pa  
Arrive 8.30am for 9am start.

### Woolly Hat night

The session following the grading will be a woolly hat night. Dress up warm for a few classic TKD videos featuring your instructors (when they were young) and presentation of the grading results. 6 - 7.30 pm.

### Interclub Tournament

We are planning an interclub tournament for September - more details soon.

### Nationals

Good luck to those competing in this year's National Tournament. Come along

### Calendar of Events

- 6 Aug** - Self Def' Seminar
- 12 Aug** - Patterns seminar
- 13-14 Aug** - Nationals
- 15 Aug** - Pre-Grading
- 20 Aug** - Grading
- 9 July** - First Aid Course
- 13-14 Aug** - Nationals
- 1 Oct** - Under 18 (3)
- 15 Oct** - Women's Seminar

Full Calendar is on-line at:  
[www.itkd.co.nz/events/calendar](http://www.itkd.co.nz/events/calendar)

and watch or help if your are not involved: 13-14 August 2011, North Shore Events Centre, Wairau Valley, North Shore.

### Seminars

There are tons of Technical Seminars on at the moment. Take the opportunity to learn new things in a fun environment - taken by top instructors:

[www.itkd.co.nz/events/courses/technical/current.php](http://www.itkd.co.nz/events/courses/technical/current.php)

### Beginners welcome...

...in the 6 pm class from 5th Sept. Good opportunity for parents of our mini-kids to join in!

### Good luck Naomi

All the best to Namoi who is soon due to give birth to a new white belt. She has been training right through her pregnancy - well done!



Some pics from the CM Trials