

Gradings

Good luck to Niketa Wells and Courtney Weir who are both testing for their 1st dan black belt on the 1st & 2nd of December. Go Girls!

Gup grading for Papakura and Waiau Pa members is on Wednesday 5th December at 6.30 pm. Grading forms and fees should be received by the session prior. Good luck to everyone.

Master Hutton

We were lucky to have Master Hutton from Scotland visit our club while he was here, and many of our members attended his seminar and Instructors Course. We hope to have Master Hutton back sometime next year so watch this space.

International Instructors Course

Red belts have an amazing opportunity to attend the IIC in February. We have three Grand-Masters running the Training Course which will be awesome! It is not just for instructors so don't miss it!

Fees

As mentioned in the July Newsletter, the fees at Papakura are increasing slightly from February 2013. This is the first increase for many years and brings everyone to the same fee level. Fees can now be paid monthly or weekly:

	Mnth	Week
Kids class	\$50	\$12
Normal Class	\$70	\$16
Family Group (2)	\$90	\$20
Family Group (3+)	\$110	\$25

Family groups include adults and/or children training in



Some of the Paul M Crew at the Master Hutton Seminar

either class. Fees are paid by automatic payment (ap) only and are for 12 months of the year, which includes your annual payment of your registration fee to ITFNZ Inc.

We would appreciate it if your ap can be amended for the February payment - thank you.

End of Year

Our final session for the year will be on Wednesday 12th December at 6.00 pm. All members and family invited. There will be a small Demo for families, plus our traditional photo-shoot and BBQ.

Pre-Session Sessions

We will be starting 1 hour casual sessions half way through January so that you don't get too rusty. Everyone is invited - mini-kids included. Meet at Totara Park Car part at 6.00 pm (90 Wairere Rd, Manurewa). Mon and Wed starting 21st January. No dobok required. Bring running shoes.

Big Thanks to my instructors for their awesome work once again this year: Mr Pellow, Melissa Timperley, Kishan Mistry, Bryan Reynolds, Margaret

Kelp and Courtney Weir. Have a great Christmas everyone!

Paul McPhail

What's On

1-2 December - Black Belt Grading, Tauranga

5 December - Gup Grading, hosted by PMP

12 December - Final Session and BBQ. Just bring yourselves... and family members welcome too.

Mon 21st Jan Pre-Season Sessions start

Sat 2 February 10am to 1 pm. Special Kick-Off Training Session and lunch at Sonshine Ranch Outdoor Adventure Centre, 223 Creightons Rd, Ardmore.

Mon 4 February - Normal Sessions Resume

9-10 February NZ Trials

15-16 February IIC

Full Calendar is on-line at:
www.itkd.co.nz/events/calendar