



## Paul M Taekwon-Do

PAPAKURA NEWS - DECEMBER 2007

### An Awesome Year for Paul M Papakura

Thanks to everyone for a great year of Taekwon-Do. Mr Pellow and are are thrilled with the enthusiasm of all the members and also the support of the families. Thank you!

#### Here are some of the things we got up to this year:

- Some of our members attended 2 Pee Wee tournaments, 3 gradings, 3 under 18 tournaments and 3 Top Ten Series Tournaments. Special mention to Melissa Timperley took out the EPSON UNDER 18 BEST JUNIOR FEMALE trophy for the 4th time!
- We had members travel to New Plymouth to attend the seminar "First Dan Fever".
- Very successful Counties Manukau Regional Tournament with 11 Gold, 10 Silver and 6 Bronze medals!
- We were well represented at the 2007 National Tournament with several members taking out National Titles including Toni Moki who won BEST ADULT FEMALE BLACK BELT (draw) and Melissa Timperley who won BEST JUNIOR FEMALE BLACK BELT (draw).

Also coming away with National medals were: Mr Steve Pellow, Lizzie Fa'afili, Ethan Parker, Sarah Williamson, Sherzod Akhmedov, Vienna Parker, Brad Wickman, Alisa Parker, Joe Coffey, Daniel Harris, Tony Parkes, Esther Parkes, Jay Bland, Nicole Wells, Tania Ostick, Grace Parkes and Daniel Theologidis.

- Mr Pellow coached the World Champs Juinor Team and Master McPhail umpired at the tournament in Canada. Members of our club that made the New Zealand team were: Lizzie Faafili, Ethan Parker, Paige Moki, Melissa

Timperley, Bradley Wickman, Ethan Parker & Alisa Parker.

- Class times were split to cater for junior and seniors specifically. A special welcome to our new members in both the kids and normal classes.
- We hosted two seminars by Master Willy Van de Mortel.
- We had an awesome Halloween Party (thanks Terry & Donna).
- Paul M Papakura were finalists at the Counties Manukau Sports Excellence Awards for CLUB OF THE YEAR. Master McPhail and Mr Pellow were also finalists in Masters, Umpire and Coach categories.
- Seniors successfully graded in May and December: Debbie Hart, Mary-Jane Riddle and Joseph Coffey graded to 1st Dan, and Melissa Timperley graded to 2nd Dan with an A pass. Donna Marie Edwards organised the grading - thank you!

### Training Fees

A reminder that automatic payments for training fees should continue over the holidays even though we are not training for 4 weeks. The club pays your annual membership registration to ITFNZ for you over this period. (This saves collecting in money from everyone). Your annual fee covers membership with ITFNZ, the three TKD Talk Magazines and all the other benefits of attending ITFNZ events and being part of this great organisation.

### Combined Training

Juniors, seniors and kids - let's have a big turnout on Sunday 16th December, 10.30am - 12.00 pm.

### National Camp

It's not often we have a National Camp so please get behind this event in 2008. It is being held at Tui Ridge in Rotorua which is a nice venue. There is a senior Dan grading to kick the camp off on Friday night 1st Feb. Register on line: [www.itfnz.org.nz/events/camps/2008\\_national\\_camp](http://www.itfnz.org.nz/events/camps/2008_national_camp).

Merry Christmas to everyone! **Master P.**

### Calendar of Events

**Sunday 16 December**  
Combined Training & Photos

**Monday 17 December**  
Final Session - Papakura

**Wednesday 19 December**  
Master Van de Mortel Seminar

**Monday January 14th**  
Preseason sessions start - all grades, all ages.  
Mon & Wed 6-7 pm.

**Wednesday 30th Jan 2008**  
Normal classes resume for 2008

**Weekend 1-3 Feb 2008**  
National camp - Rotorua

Full Calendar is on-line at:  
[www.itfnz.org.nz/events/calendar](http://www.itfnz.org.nz/events/calendar)



We are lucky to have such amazing family support for our members - thanks to all of you!

[www.paulm.co.nz/tkd](http://www.paulm.co.nz/tkd)

PO Box 75-549, Manurewa, Auckland, New Zealand.  
Tel 64-9-268 8552 Mob 021 983 532 Fax 64-9-268 8553 Email [pmpcphail@itfnz.org.nz](mailto:pmpcphail@itfnz.org.nz)