

## Paul M Taekwon-Do Papakura

PAPAKURA NEWS - NOVEMBER 2011



# III new III dans

#### **Roro Grading**

Congratulations to our three new 3rd dans: Alisa Parker, Debbie Heart and Brice Valles. All three graded in Rarotonga last month doing us proud. Next up is Vienna & Dave Parker and Keith Speck, testing for 1st dan in December. Good luck guys!



10 Nov - Junior Grading - Waiau Pa. 6.30 pm

**18-20 Nov** - National Junior Camp

**23 Nov** - Senior Pre-Grading.

**30 Nov** - Senior Grading - Papakura. 6.30 pm.

**2-4 Dec** - Senior dan grading and Instructors Conference - Rotorua

**11 Dec** - Black Belt Grading - Auckland Grammar School, 1.00 pm

**14 Dec** - Last session, kids demo and BBQ at Papakura - 6.00 pm

**16 Jan** - Pre-Season sessions begin, Totara Park

1 Feb - First session 2012

**23-25 Mar** - National Camp - Rotorua

Full Calendar is on-line at: ww.itkd.co.nz/events/calendar



#### Mini-Kids

Our mini-kids are having their final grading on the week of 14th November. They have done really well this year and will be showing us their style in a demo at our end of year break-up.

### **Gup Grading**

Junior Gup grading is Thursday 10th November at Waiau Pa, 6.30 - 7.30 pm. Good luck to our juniors.

Seniors grade on Wednesday 30th November at Papakura. Pre-grading for seniors is Wednesday 23rd.

#### **End of Year**

Our final session for the year will be on Wednesday 14th December at 6.00 pm. All members and family invited. Our Mini-Kids will be giving a demonstration for us so please be their to cheer them on. We will then have our traditional photo-shoot and BBQ.

#### **Pre-Session Sessions**

We will be starting 1 hour casual sessions half way through January so that you don't get too rusty. Everyone is invited - mini-kids included. Meet at Totara Park Car part at 6.00 pm (90 Wairere Rd, Manurewa). Monday and Wednesday starting 16 Jan. No dobok required. Bring running shoes.

## National Camp - not to be missed!

There is a National Camp in March next year - get in early and register now: www.itkd.co.nz/events/camps/2012-national

**Big Thanks** to my instructors for their awesome work this year: Mr Pellow, Melissa Timperley, Kishan Mistry, Bryan Reynolds and Margaret Kelp.

A reminder that automatic payments for training fees should continue over the holidays even though we are taking a break from training. Payments are made on a basis of 12 months per year and includes your annual membership registration to ITFNZ.